For the first time this year, today we sang the following penitential troparia at matins, as today begins our journey to Lent, and then through Lent to the Holy Pascha.

Open to me the gates of repentance, O Giver of Life,
For my spirit rises early to pray towards thy holy temple.
Bearing the temple of my body all defiled;
But in Thy compassion, purify me by the loving kindness of Thy mercy.

Lead me on the paths of salvation, O Mother of God,
For I have profaned my soul with shameful sins,
and have wasted my life in laziness.
But by your intercessions, deliver me from all impurity.

When I think of the many evil things I have done,
wretch that I am, I tremble at the fearful day of judgement.
But trusting in Thy loving kindness, like David I cry to Thee:
Have mercy on me, O God, according to Thy great mercy.
FIRST ANTIPHON (PSALM 44.1-2)

My heart hath poured forth a good word; I speak of my works to the King.

Refrain: Through the intercessions of the Theotokos, Savior, save us.

My tongue is the pen of a swiftly writing scribe. Refrain

Grace hath been poured forth on thy lips. Refrain

Wherefore God hath blessed thee forever. Refrain

Glory to the Father, and to the Son, and to the Holy Spirit, Now and ever, and unto ages of ages. Amen. Refrain

Schedule of Regular Weekly Services

Sundays: Matins, 8:50 AM  Divine Liturgy, 10 AM

Wednesdays: Vespers, 6:30 PM

Saturdays: Great Vespers, 5 PM

Confession: After Saturday Vespers

During Sunday Matins

Or by Appointment

Remember to turn cell phones off!

See Calendar for Feast Days and Other Weekday Services Scheduled

Order for Holy Communion

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless medical condition preclude it), being in church before the Epistle and Gospel readings, and being at peace with everyone.

CHILDREN going to church school and their teachers should come down the center aisle first. (Small children may need to be assisted by their parents.)

ALL OTHERS should wait until an usher dismisses your row from the center aisle. Then return to your place by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion.

A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in Holy Communion is limited to members of the Orthodox Church in good standing, who have prepared through prayer, fasting and confession.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book, and introduce yourself to Fr. Nabil during the coffee hour. You may inquire with him how you can become a member.
SECOND ANTIPHON (PSALM 44.3-5)

Gird Thy sword upon Thy thigh, O Mighty One, in Thy comeliness and Thy beauty.


Bend Thy bow and proceed prosperously. Refrain

Thine arrows are sharp, O Mighty One. Under Thee shall peoples fall. Refrain

A scepter of uprightness is the scepter of Thy kingdom. Refrain

Glory to the Father, and to the Son, and to the Holy Spirit, Now and ever, and unto ages of ages. Amen. O only-begotten Son....

THIRD ANTIPHON (PSALM 44.11, 13, 18; APOLYTIKION OF THE FEAST AS REFRAIN; TONE 1)

Hearken, O daughter, and consider, and incline thine ear: forget also thine own people, and thy father’s house.

Refrain: Rejoice, O Virgin Theotokos, who art full of grace; for from thee did shine the Sun of Justice, Christ Who is our God, a light to those who dwell in darkness. Rejoice, and be glad, O righteous old man, bearing in thine arms the Deliverer of our souls, Who grants to us resurrection.

Even the rich among the people shall entreat thy favor. Refrain

I will make thy name to be remembered in all generations. Refrain

ENTRANCE HYMN (PSALM 97.3; TONE 2)

The Lord hath made known His salvation. He hath revealed His justice in the sight of the Gentiles. O Son of God Who art risen from the dead save us who sing unto Thee: Alleluia.

APOLYTIKIA AFTER THE ENTRANCE

Troparion of the Resurrection (Tone 1)

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O Giver of life: Glory to Thy Resurrection, O Christ, glory to Thy Kingdom, glory to Thy providence, O Thou Who alone art the Lover of mankind.
**Troparion of the Feast (Tone 1)**

Rejoice, O Virgin Theotokos, who art full of grace; for from thee did shine the Sun of Justice, Christ Who is our God, a light to those who dwell in darkness. Rejoice, and be glad, O righteous old man, bearing in thine arms the Deliverer of our souls, Who grants to us resurrection.

**Kontakion the Meeting of the Lord (Tone 1)**

O Christ God, Thou hast sanctified the virgin’s womb by Thy birth and, as was meet, hast blessed the hands of Simeon. Thou hast also come to us to save us. Do Thou, when wars prevail, give peace to Thy people, and make mighty those whom Thou hast loved, for Thou alone art the Lover of mankind.

**THE SCRIPTURE LESSONS**

**Prokeimenon (Tone 8; Psalm 75.11, 1 LXX)**

Make your vows to the Lord, our God, and perform them.

*Verse:* God is known in Judah; His Name is great in Israel.

**St. Paul’s 2nd Epistle to Timothy (3.10-15; Pharisee and Publican)**

Timothy, my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, my sufferings, what befell me at Antioch, at Iconium, and at Lystra, what persecutions I endured; yet from them all, the Lord rescued me.

Indeed, all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings, which are able to instruct you for salvation through faith in Christ Jesus.

**Holy Gospel according to St. Luke (18.10-14; Pharisee and Publican)**

The Lord spoke this parable: “Two men went up into the Temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, ‘God, I thank Thee that I am not like other men, extortioners, unjust, adulterers, or even like this tax collector. I fast twice a week; I give tithes of all that I get.’ But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, ‘God, be merciful to me a sinner!’” I tell you, this man went down to his
house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted.”

MEGALYNARION (INSTEAD OF “IT IS TRULY MEET…”; TONE 3)

Magnification: O Virgin, Theotokos, Hope of all Christians, protect, preserve, and aid all who put their hope in thee.

Heirmos: O faithful, let us magnify the first-born Son, eternal Word of God, the Father, and First-born of Virgin Mary, Christ, the Lord. For in the shadow of the Law and in the Scriptures we behold a sign, that every first-born male is holy to our God of old.

COMMUNION HYMN (PSALM 115.4-7; TONE 8)

Refrain: I will take the cup of salvation, and I will call upon the Name of the Lord.

My vows unto the Lord will I pay in the presence of all His people.

Precious in the sight of the Lord is the death of His saints.

O Lord, I am Thy servant; I am Thy servant and the son of Thy handmaid. Thou hast broken my bonds asunder.

HOLY OBLATIONS AND PRAYER REQUESTS

- By Elias Doug Fadel, for the health of the Fadel family and all the parishioners of St. George, and in memory of Helen (Janice) Fadel (5-year memorial) and Lotfy Hanna.
- By James Barnes, for the health of James Barnes II, and in memory of Kenneth Barnes.
- By Tony and Janis Saliba, for the health of Natalie and Andrew Salem on the occasion of their marriage, and in memory of Lotfy Hanna.
- By Riyad and Hala Bannourah, in memory of Lotfy Hanna.
- By Norma Johns in memory of Lotfy Hanna.

A sign-up sheet for baking and offering the prosphora (altar bread) is posted on the bulletin board, next to the elevator. You can also contact Thelma Hoover at (317) 782-1633.
ANNOUNCEMENTS

JOIN US FOR FELLOWSHIP FOLLOWING THE LITURGY TODAY

Coffee Hour is hosted today by Rami and Angham Elsharaiha, who are celebrating their 5th wedding anniversary.

Sign up for hosting coffee hour on the bulletin board next to the elevator. (Something simple is all that’s expected, though you may do more, if you want, for a special occasion.)

CREATIVE ARTS FESTIVAL 2020 IS UPON US!

This year's theme: “For God did not send His Son into the world to condemn the world, but that the world through Him might be saved.” John 3:17

Open to all our students from Pre-K through High School. Students will be given opportunities to work on and complete their projects at church, during Sunday School and Coffee Hour, but they are also welcomed to work on projects at home.

**Feb 2, 9** - Artist’s Studio -- During Sunday School and Coffee Hour, pre-K – 2nd graders will work on Art projects.

**Feb 16, 23** - Artist’s Studio -- During Sunday School and Coffee Hour, 3rd graders – High Schoolers will work on Art projects.

**March 1**--All Entries Due! Gallery display during coffee hour.

More information will be sent out in the Church School E-Newsletter. Contact Ann Clough with any questions: anncoreyclough@gmail.com

LADIES OF ST. GEORGE MEETING TODAY

**Today:** ALL ladies are invited to grab some coffee and refreshments and then go into the west classroom alcove at 12:15 for a short meeting.

**Saturday, February 15:** The Ladies of St. George invite our Young Ladies to Afternoon Tea at 3:00 PM.

**Sunday, February 16:** Souper Sunday!
https://www.signupgenius.com/go/30E0C45AFA92AA2F58-souper
FAST-FREE WEEK (BUT LENT IS AROUND THE CORNER!)

Aside from preparation for Communion, there is no fasting or abstinence from meats and dairy products during this week, in commemoration of the Pharisee and Publican.

The last day we eat meat will be February 23. Then we begin the Great Fast proper by eliminating cheese (i.e., dairy products) and fish after Forgiveness Vespers on Sunday, March 1.

PICK UP 2020 CALENDARS IN NARTHEX

Our new church icon calendars are now available. Please take one. The calendar grid includes each day’s scripture readings and indicates fasting days and commemorations, and it includes space for your own notes and appointments.

WHO’S GOING TO ANTIOCHIAN VILLAGE CAMP?

*Please make sure our office knows that you have successfully registered your children* and to what session they are going, *so that we will include them in the scholarship funds* we send to the AV Camp. Our parish provides $600 to each of our campers, which you can deduct from the balance indicated by the Camp online registration system.

*Email* office@stgindy.org *no later than Wednesday, Feb. 19,* to let us know your child is going to Camp, as the Village needs us to let them know who’s getting scholarships.

THANKS FROM FR. NABIL

Thank you to everyone who has supported me and my family in this time of my father’s repose. Thank you to all those who came to the funeral, who called, visited, sent flowers/memorial donations and, especially, all who have been praying for my father and our family. I am humbled by your expressions of love. May He Who is our Comforter and our only Hope receive the souls of *your* beloved departed in His Kingdom and keep you all in good health!

LOOKING FOR A CHURCH SECRETARY AGAIN

Lynne Hirschman accepted a full-time, higher-paying job, starting in the new year. Fr. Nabil and Dn. Joseph thank the volunteers who have been helping us in the church office.

IT WAS A BEAUTIFIL, ELEGANT AND JOYFUL EVENING

God bless our Winter Hafli committee: Riyad & Hala Bannourah, Hassan & Rowa Mercho, Sulaiman and Marwan Mustaklem, Samer & Norma Nahas and George & Mona Hanna.
<table>
<thead>
<tr>
<th>SUNDAYS</th>
<th>THEMES / GOSPEL READING</th>
<th>HOW TO PARTICIPATE:</th>
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<tbody>
<tr>
<td>Fast - Free Week</td>
<td>Pubilcan and the Pharisee</td>
<td>Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.</td>
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<tr>
<td>FEBRUARY 9th</td>
<td>Epistle: 2 Timothy 3:10-15</td>
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<td>Normal Fast Week</td>
<td>The Prodigal Son Returns!</td>
<td>Schedule a Confession. Every morning, say, “Today I will be humble.” Use up/freeeze meats this week.</td>
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<td>FEBRUARY 16th</td>
<td>Epistle: 1 Corinthians 6:12-20</td>
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<tr>
<td>Meatfare</td>
<td>The Last Judgement</td>
<td>Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeeze dairy this week.</td>
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<td>FEBRUARY 23rd</td>
<td>Epistle: 1 Corinthians 8:8-9:2</td>
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<td>Gospel: Matthew 25:31-46</td>
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<tr>
<td>Cheesefare</td>
<td>Adam and Eve are cast from Paradise!</td>
<td>Ask each other for forgiveness each evening this week before bed.</td>
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<td>MARCH 1st</td>
<td>FORGIVENESS SUNDAY</td>
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<td>Epistle: Romans 13:11-14:4</td>
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<td>Gospel: Matthew 6:4-14</td>
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<tr>
<td>1st Sunday of Lent</td>
<td>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</td>
<td>Bring an icon to church for a procession.</td>
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<td>MARCH 8th</td>
<td>SUNDAY of ORTHODOXY</td>
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<td></td>
<td>Epistle: Hebrews 11:24-26, 32-12:2</td>
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<td>Gospel: John 1:43-51</td>
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<tr>
<td>2nd Sunday of Lent</td>
<td>ST GREGORY PALAMAS</td>
<td>Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.</td>
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<td>MARCH 15th</td>
<td>Epistle: Hebrews 1:10-2:3</td>
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<td>Gospel: Mark 2:1-12</td>
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<td>3rd Sunday of Lent</td>
<td>VENERATION OF THE HOLY CROSS</td>
<td>Wear your cross to church and kiss the cross each morning with a bow!</td>
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<td>MARCH 22nd</td>
<td>HALF WAY TO PASCHA!</td>
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<td>Epistle: Hebrews 4:14-5:6</td>
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<td>Gospel: Mark 8:34-9:1</td>
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<td>4th Sunday of Lent</td>
<td>ST JOHN of the LADDER</td>
<td>Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!</td>
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<td>MARCH 29th</td>
<td>Epistle: Hebrews 6:13-20</td>
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<td></td>
<td>Gospel: Mark 9:17-31</td>
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<tr>
<td>5th Sunday of Lent</td>
<td>ST MARY of EGYPT</td>
<td>Ask the Theotokos to offer you and the world pure thoughts and ideas this week.</td>
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<td>APRIL 5th</td>
<td>Epistle: Hebrews 9:11-14</td>
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<td>Gospel: Mark 10:32-45</td>
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<tr>
<td>Flowery (Palm) SUNDAY</td>
<td>GREAT AND HOLY WEEK</td>
<td>Place your palm branches and pussywillows behind an icon at home and in your car!</td>
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<td>APRIL 12th</td>
<td>ENTRY OF OUR LORD INTO JERUSALEM</td>
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<td>Epistle: Philippians 4:4-9</td>
<td>Refrain from TV, Internet &amp; Phones to honor Christ's Death.</td>
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<td>Gospel: John 12:1-18</td>
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<tr>
<td>Great and Holy Friday</td>
<td>GREAT AND HOLY FRIDAY</td>
<td>Greet everyone with “CHRIST IS RISEN!” &amp; say it before good morning and goodnight!</td>
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<td>APRIL 17th</td>
<td>JESUS DIES ON THE CROSS</td>
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<td>CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE</td>
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<tr>
<td>Feast of Feasts!</td>
<td>HOLY PASCHA! (CHRIST IS RISEN!)</td>
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<td>No Fasting!</td>
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# 2020 Fasting Calendar

**Legend:**
- Abstain from meat, fish, dairy, eggs, alcohol, oil
- Abstain from meat, fish, dairy, eggs
- Abstain from meat, dairy, eggs
- Abstain from meat

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<tr>
<th>January</th>
<th>May</th>
<th>September</th>
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<tr>
<td><img src="image" alt="January Calendar" /></td>
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<th>February</th>
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<td><img src="image" alt="February Calendar" /></td>
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<th>March</th>
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<td><img src="image" alt="July Calendar" /></td>
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<th>April</th>
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All Saints Orthodox Church presents...

A Spiritual Retreat with Fr. John Oliver

Facing Difficult Emotions in the Light of Christ

Friday, Feb. 21, 2020
7:00 p.m. - Session 1

Saturday, Feb. 22
9:00 a.m. - Saturday of Souls Liturgy
11:00 a.m. - Lunch (provided)
12:00 noon - Session 2

Admission is FREE

Fr. John is pastor of St Elizabeth Orthodox Church, in Murfreesboro, TN. He is the author of numerous articles and essays, and of Touching Heaven, and Giver of Life: The Holy Spirit in the Orthodox Christian Tradition.

visit www.allsaintsbloomington.org
STEWARDSHIP

Thanks and blessings on all who already stepped up and made their stewardship commitments for 2020. This is the pledge we make to continue the operational support of our new church for the coming year and is separate from the building fund pledge.

If you haven’t done so yet, please place your pledge card in the offering box at the candle stand, or return it by mail. You will find extra pledge cards in the narthex, or you can enter your pledge as a recurring donation online yourself at www.stgindy.org/donate

GOD BLESS YOUR HOME AND ALL WHO DWELL IN IT

The Great Feast of Epiphany implies the renewal of creation. Everything is renewed and sanctified. We extend this to our homes by taking the blessed water to the homes of all our parishioners.

Thus, Fr. Nabil would like to come and visit with you, pray with you and ask God to bless your home. Kindly return the coupon below to request your house blessing.

---

**House Blessing Scheduling Form**

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<th>Name</th>
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Check ALL Possible Days:  ☐ Sun  ☐ Mon  ☐ Tue  ☐ Wed  ☐ Thu  ☐ Fri  ☐ Sat

Check ALL Possible Times:  ☐ Mornings  ☐ Afternoons  ☐ Evenings

*Please place in tray in church, or mail back as soon as possible.*
PARISH PRAYER LIST

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, the date indicated after the name, and may be renewed upon request.)

LIVING
Christopher Saba, IU Medical Center, 3/18
Helen Nasser Johnson, IU West Hosp., 3/18
Michael Matly, 3/9
Randall George Sr., 3/5
Samantha Langdon, 3/2
Rachel Allison Tingwald, Community N. Hosp., 2/26
Thomas Everhart, 2/23
Gary Zion, 2/18
Michael Jeffrey Campbell, 2/17
Maria Caroline Vine and child she is carrying, 1/30
Gil Foster, uncle of Stephanie Haines, 3/18
Jo Trakimas, Shelbi George’s mother, 3/13
John Maddex, Ancient Faith Director, 3/13
Loukia Kyriakou, from Evansville Church, 3/7
Alice Capshaw, Chris’ mother, 2/27
Christina Nash, daughter of Jamise Kafoure, 2/25
Marijo Stewart, friend of Diane Koers, 2/19
Mary Crow, friend of Donna Dickinson, 2/19
Najah Mouamar, aunt of Oussama, Samer and Amer Nahas, 2/14
All those suffering from illness, violence or want in this country and throughout the world

DEPARTED
Fr. Patrick Kinder, 2/23
Elias AlTawil, 2/17
Joseph Pertile Sr., 3/13
Lotfy Hanna, Fr. Nabil’s father, 2/27
Jane Foster, aunt of Stephanie Haines, 2/23
Carol Hancock 2/23
Paul Wilson and Bernice Stultz, grandparents of Luke Stultz and siblings, 2/22
May Woodward, aunt of Cindy Rhinehart, 2/18
Charles Wynne, friend of Jeff and Joanne Beck, 2/16
Troy Donnelson, nephew of Nancy Chobany, 2/9
The victims of violence throughout the world

ST. GEORGE PARISH CALENDAR

February 2020

<table>
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<tr>
<th>Date</th>
<th>Events</th>
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| Sun. 9 | Matins, 8:50 am
Divine Liturgy, 10 am
- Church School classes
- Ladies meeting
BSU OCF Vespers and fellowship,
Student Center room 305 |
| Mon. 10| Church School staff meeting, 7 pm                                      |
| Wed. 12| Central Indiana Orthodox Night at the Pacers, Bankers Life Fieldhouse 7pm |
| Thu. 13| PLC Exec. Committee, 7 pm                                              |
| Sat. 15| Ladies and Junior Ladies “Afternoon Tea,” 3 pm
Great Vespers, 5 pm
- Confessions      |
| Sun. 16| Matins, 8:50 am
Choir practice, 9 am
Divine Liturgy, 10 am
- Church School classes
- “Souper” Sunday by Ladies
- Charity ministry team meeting
BSU OCF Vespers and fellowship,
Student Center room 305 |
| Tue. 18| Parish Council, 7 pm                                                  |
| Wed. 19| Vespers, 6:30 pm                                                      |
| Fri. 21 – Sun. 23 | Midwest Diocese Spring Gathering,
Palos Heights, IL |
| Sat. 22| Ladies and Junior Ladies “Afternoon Tea,” 3 pm
Great Vespers, 5 pm
- Confessions |

See the full calendar and latest additions and updates at www.stgindy.org/calendar