



10748 E. 116th Street • Fishers, Indiana 46037
(317) 845-7755 • www.stgindy.org

*A Parish of the Antiochian Orthodox Christian Archdiocese of North America • Diocese of Toledo and the Midwest
His Eminence Metropolitan JOSEPH, Archbishop of New York and Metropolitan of all North America
His Grace Bishop ANTHONY, Auxiliary Bishop of the Diocese of Toledo*

*V. Rev. Father Nabil L. Hanna, Pastor
(317) 919-0841 • pastor@stgindy.org*

*Rev. James A. Childs, Deacon
(317) 626-3943 • jachilds555@gmail.com*

*Rev. Joseph S. Olas, Deacon
(317) 201-8151 • jsolas@stgindy.org*

TONE 5

JULY 8, 2018

EOTHINON 6

SIXTH SUNDAY AFTER PENTECOST

*GREAT-MARTYR PROCOPIUS OF CAESAREA IN PALESTINE
NEW-MARTYRS THEOPHANES AND ANASTASIOS OF CONSTANTINOPLE
VENERABLE THEOPHILOS THE MYRRH-STREAMING OF ST. BASIL KELLI ON ATHOS
PROCOPIUS OF USTUG, FOOL-FOR-CHRIST*



Roma Koroneos displays the three-bar cross she made at Antiochian Village Camp last week.

LITURGY VARIATIONS

3RD ANTIPHON (TROPARION OF THE RESURRECTION, TONE 5)

Let us believers praise and worship the Word, coëternal with the Father and the Spirit, born of the Virgin for our salvation,

for He took pleasure in ascending the Cross in the flesh to suffer death and to raise the dead by His glorious Resurrection.

APOLYTIKIA AFTER THE ENTRANCE

Troparion of the Resurrection (Tone 5)

Let us believers praise and worship....

Schedule of Regular Weekly Services

Sundays:	Matins, 8:50 AM	Confession:	After Saturday Vespers
	Divine Liturgy, 10 AM		During Sunday Matins
Wednesdays:	Vespers, 6:30 PM		Or by Appointment
Saturdays:	Great Vespers, 5 PM		

See Calendar for Feast Days and Other Weekday Services Scheduled

Order for Holy Communion

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless medical condition preclude it), being in church *before* the Epistle and Gospel readings, and being at peace with everyone.

As there are NO CHURCH SCHOOL classes today, children should sit with their parents and come to Communion with them. An usher will dismiss your row from the center aisle. Then return to your place by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion.



Remember to turn cell phones off!

A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in **Holy Communion is limited to members of the Orthodox Church** in good standing, who have prepared with prayer, fasting and confession.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book, and introduce yourself to Fr. Nabil during the coffee hour. You may inquire with him how you can become a member.

Troparion for the Great-Martyr Procopius (Tone 4)

Thy Martyr, O Lord, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed

Thy strength, he cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by his prayers, save our souls, since Thou art merciful.

Troparion of St. George (Tone 4, Byzantine)

Liberator of captives, Defender of the poor, the Physician of the sick and the Champion of kings, O Trophy-bearer, Great-martyr

George, intercede with Christ our God that our souls be saved.

Kontakion of the Theotokos (Tone 2)

O undisputed intercessor of Christians, the Mediatrix who is unrejected by the Creator. Turn not away from the voice of our petitions, though we be sinners. Come to us with

aid in time, who cry unto thee in faith, for thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those who honor thee.

SCRIPTURE LESSONS

Prokeimenon (Psalm 11.7, 1 LXX; Tone 5)

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.

Reading from Saint Paul's Epistle to the Romans (12.6-14; 6th Sunday after Pentecost)

BRETHREN, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness.

Let love be genuine; hate what is evil, hold fast to what is good; love one another with

brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality.

Bless those who persecute you; bless, and do not curse them.

Holy Gospel According to St. Matthew (9.1-8; 6th Sunday of Matthew)

AT THAT TIME, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in

your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

HOLY OBLATIONS AND PRAYER REQUESTS

- For our youth at Antiochian Village Camp, and Godspeed for their travel back home.
- By Salim and Paul Najjar, for the health of all their family, for Ruth George on her 103rd birthday and for Alexander II, Jennifer, Claire and Alexander III Azar, as they relocate to Maryland.
- By Ken and Jody George, for the good health of mother Ruth George on her 103rd birthday.
- By Betty and Carol Gavriel, for the health of Aunt Ruth on the occasion of her 103rd birthday.
- By Kathleen Everhart, for the health of Ruth George on the occasion of her 103rd birthday.
- By Brian, Donna, Claire, Grace and Brian Dickinson, for the health of Ruth George on the occasion of her 103rd birthday and the health of Rob Sylvester.

A sign-up sheet for baking and offering the prosphora (altar bread) is posted on the bulletin board, next to the elevator. You can also contact Thelma Hoover at (317) 782-1633.

LITURGY IN ARABIC: SATURDAY, JULY 14, 10 AM

السبت، 14 يوليو \ تموز - القداس باللغة العربية: 10 صباحاً

We will resume offering the Liturgy in Arabic one Saturday each month as a ministry to some of our recent immigrants. *Please show us you want it by coming!*

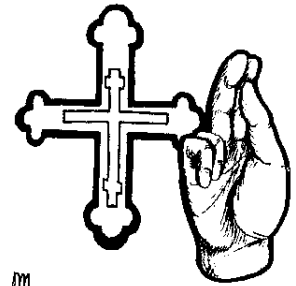
SUNDAY, JULY 22: COMBINED LITURGY WITH HOLY TRINITY AS OUR GUESTS HERE

Since we were under construction and spent six months with Holy Trinity, we established an annual tradition of getting back together for a Liturgy each summer. This year, Father Bill and the faithful of Holy Trinity will join us [here](#) on Sunday, July 22.

TAKING ORTHODOXY BEYOND THE SELF-CONGRATULATORY

By Abbott Tryphon

Archbishop Averky of Syracuse of blessed memory once said of converts, “They are like envelopes; they have a tendency to come unglued.” Many converts give themselves over to a zealotry that is without temperance. In their excitement at having found “the True Faith,” they almost overnight take on external formulas that make them feel they are on the fast track to sainthood. They notice when another parishioner seems careless in making the sign of the cross, so they demonstrate for all around them the proper way. They make a production of the fast periods, making sure their non-Orthodox family and friends know the seriousness of fasting. Their icon corners can be larger than that of the pious old woman who has been Orthodox all her life. These people become spiritual gluttons; they take their newfound faith into a place of sensuality and pride that is miles from the holiness that comes from years of struggle. In their newness to Orthodoxy, they throw themselves into the externals and public displays, while preventing themselves from entering into the mystery of faith that comes only with the acquisition of a humble and contrite heart. Our longing for drama and excitement can lead to spiritual pride rather than the holiness that comes with humbly receiving the faith by following the example of holy people. If our Orthodoxy is expressed primarily in the externals, we become followers of the Pharisee rather than imitators of the humble publican.



My spiritual father, Archimandrite Dimitry of blessed memory, gave me the best of advice when he said, “Little by little.” Taking little steps, with the guidance and direction of one’s priest or spiritual father or that pious little old lady whose face radiates the light of Christ, we will be able to enter into the Kingdom, having gained the humility and joy that do not necessitate being extravagant with the externals.

[I would add to Abbott Tryphon’s remarks that the precept given above—taking little steps to gain humility and joy—is essential for all of us, convert or cradle-Orthodox alike. Fr. Nabil]

A RULE OF PRAYER FOR READING THE BIBLE

So often we hear the words in the Gospel, the words of our Lord, calling us to prayer. This call to prayer is something we do alone in the privacy of our homes, and it includes regular prayer within the context of the community. Most of us have grown accustomed to the prayer life of the community and the divine services celebrated throughout the year in the Church but personal prayer is equally important. To facilitate a rule of prayer for those of who may be searching for something simple and not too time-consuming, I suggest the following prescription:

FIRST THING IN THE MORNING

15 MINUTES

Three prostrations. These can be full body prostrations to the floor if you are physically able or, simply to touch the floor in front of your toes. Do this slowly, picturing the Lord in front of you. Make the sign of the cross before each prostration. Sit in a hard chair with your prayer rope. The hard chair helps keep the mind attentive, whereas a soft chair is made for comfort and sleep. Keeping the mind attentive, recite the Jesus prayer slowly: "Lord Jesus Christ, Son of God, have mercy on me a sinner." It is best not to create any pictures in your mind. Recite the prayer for each knot on the prayer rope until you make the complete circle.

From the Scriptures read two chapters from the Old Testament, and one chapter from the New Testament. Again while sitting in the hard chair, keeping the mind attentive. (By the end of two years, you will have read the entire Bible.)

Still seated in the hard chair, complete one more prayer rope, reciting the Jesus prayer. Three prostrations (as before). Then, continue with your normal morning routine.

IN THE EVENING

15 MINUTES

When you have completed your day's work, and after you have prepared yourself fully for bed, repeat the same rule of prayer as you did in the morning. Using this rule, the Lord becomes our first thoughts in the morning, and our last thoughts at night.

This rule of prayer is undistracted time with God, to strengthen your spirit and increase your faith. Do not be concerned with the doorbell, the telephone, the television or the radio. Nothing on the stove or in the oven. Absolute silence. If you are baking prosfora, you can use this rule while the breads are rising and baking.

Fr. Dionysis of Simonas Petras, from Praxis Magazine

READING FROM THE SYNAXARION

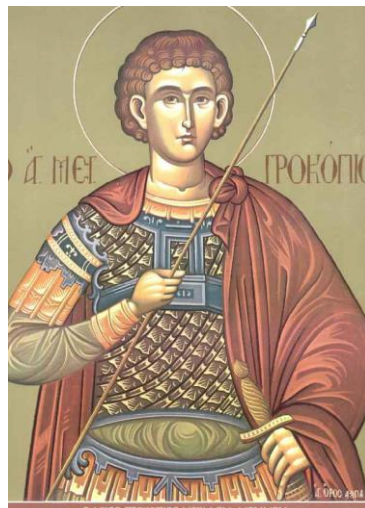
On July 8 in the Holy Orthodox Church we commemorate the holy Great-Martyr Procopius and those beheaded with him: Saint Theodosia, his mother; the Twelve Women of senatorial rank; Saints Antiochus and Nicostratus the Tribunes; and Abdas and Sabbas the prison guards.

Procopius was born “Neanias” of a Christian father, Christopher, and a pagan mother, Theodosia, who raised him a pagan. When Neanias matured, Emperor Diocletian brought him to his palace for military service. Diocletian ordered Neanias to go to Alexandria with a garrison of soldiers to exterminate the Christians. But, while on the road, the Lord appeared to Neanias. A glowing cross as if of crystal appeared in the air and there came a voice saying: “I am Jesus, the crucified Son of God. By this sign that you saw, conquer your enemies and My peace will be with you.” Neanias made the same kind of cross and instead of going against the Christians in Alexandria he, with his soldiers, went to Jerusalem. Being brought before the court, Neanias removed his commander’s belt and sword and tossed them before the judge, thereby showing that he is only a soldier of Christ the King.

After great tortures he was cast into prison where the Lord Christ, again, appeared to him, baptized him and gave him the name Procopius. One day twelve women of senatorial rank appeared before his prison window and said to him: “We also are servants of Christ.” Then they were thrown into the same prison where Procopius taught them the Faith of Christ and martyrdom. For that reason, in the Orthodox marriage ritual, Procopius is mentioned along with the God-crowned Emperor Constantine and Empress Helena. Witnessing their suffering and bravery, the mother of Procopius also believed in Christ and all thirteen women were martyred, along with four other men. Procopius honorably suffered in Caesarea in Palestine and was crowned with the glorious wreath of immortality on July 8, 303.

On this day, we also commemorate the New-martyrs Theophanes and Anastasios of Constantinople; Venerable Theophilos the myrrh-streaming of St. Basil Kelli on Athos; and Procopius of Ustug, fool-for-Christ.

By their intercessions, O God, have mercy on us. Amen.



Please Join Us for Fellowship after the Liturgy

The ushers will hand you the announcements bulletin as you exit via the north (side) doors of the nave, following the dismissal and verbal announcements.

PARISH PRAYER LIST

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, the date indicated after the name, and may be renewed upon request of the patient/family.)

LIVING

Metropolitan Paul and Archbishop John Our youth at Antiochian Village Camp

Riyad Bannourah, to undergo surgery, 8/17

Fouad Fred Musleh, Copper Trace Rehab., 8/17

Aristotle Nicolaidis, St. Vincent Hosp., 8/15

Beth Flaris, 8/8

David Sumner, 7/30

Mihaela Draghiciu, friend of Kathleen Everhart, 8/12

Sylvia Gamble, Patrick's mother, 8/7

Scott Bastin, friend of Claire Dickinson, 8/6

Bill Thomas, Charles' father, 7/27

George Xioufarides, friend of Sotiris Hji-Avgoustis, 7/10

The trapped boys and their rescuers in Thailand

All those suffering from illness, violence or want throughout the world

DEPARTED

Alexander Nebesny, 7/22

Michael Mucci, friend of Iman Kiritsis, 8/15

Elias Issa, Nelly Ghaoui's brother, 7/31

Reader T. Herman Engelhardt, 7/31

The victims of violence throughout the world

ST. GEORGE PARISH CALENDAR

July 2018

Sun. 8	Matins , 8:50 am Choir practice , 9 am Divine Liturgy , 10 am • Dinner in honor of Ruth George's 103 rd birthday
Tue. 10	Parish Council , 7 pm
Wed. 11	Vespers , 6:30 pm
Sat. 14	Divine Liturgy in Arabic , 10 am القداس الإلهي بالعربي، 10 صباحا Great Vespers , 5 pm • Confessions heard
Sun. 15	Matins , 8:50 am Choir practice , 9 am Divine Liturgy , 10 am
Wed. 18	NO Vespers
Sat. 21	Great Vespers , 5 pm • Confessions heard
Sun. 22	<i>Holy Trinity Worshipping with Us</i> Matins , 8:50 am Choir practice , 9 am Divine Liturgy , 10 am
Wed. 25	Vespers , 6:30 pm
Thu. 26	Festival Committee meeting , 7 pm

Future Dates to Remember

- **Dormition Fast begins**: August 1
- **Feast of the Dormition**: August 15
- **Holy Trinity Festival**: August 24-26
- **St. George Festival**: September 21-23
It always starts the third Friday of September

See the full calendar and the latest additions and updates at www.stgindy.org/calendar